

































# Tiffany Village Recreation & Social Wellness Calendar - Independant Living

July 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1  CANADA DAY </p> <p>1:00 120's/Bridge (MP)</p> <p>2:00 Movie Matinee: Trail of the Caribou (T)</p> <p>3:00 Movie Matinee: Turning Points of History: NL at the Somme (T)</p>	<p>2 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>2:00 Christmas Happy Hour with Stan Butler (MP) (dress for Christmas)</p> 	<p>3 10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>11:15 Word Builder (MP)</p> <p>2:00 \$1 Charity Tim Horton's Bingo (MP)</p> 	<p>4 10:30 Yoga with Mary (MP)</p> <p>11:05 Yoga with Mary (MP)</p> <p>2:00 Movie Matinee: The Last Song (T)</p> 
<p>5 9:00 Live Mass From Basilica</p> <p>11:00 Salvation Army Service</p> <p>2:00 Anglican Service with Rev. Lockyer (Chapel)</p> <p>3:00 Wesley United Service</p> 	<p>6 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>11:15 Music with Tuckamore Festival (MP)</p> <p>1:30 Men's Club at Kenny's (L)</p> <p>2:00 Scenic Bus Drive (L)</p> <p>6:15 Rosary (Chapel)</p>	<p>7 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>2:00 Sing-Along with Elaine Stamp (L)</p> 	<p>8 10:00 Fitness with Cayley (MP)</p> <p>10:45 Mini Manicures (MP)</p> <p>12:00 Bus Outing to Party in the Park (Meet in Lobby)</p> <p>1:00 120's/Bridge (MP)</p> <p>1:00 Catholic Mass (Chapel)</p> <p>2:00 Floor Curling (MP)</p>	<p>9 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>2:00 Happy Hour with Craig Ryan (MP)</p>  <p>6:00 Dog Therapy</p>	<p>10 10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>11:15 Word Builder (MP)</p> <p>2:00 \$1 Bingo (MP)</p> 	<p>11 10:30 Yoga with Mary (MP)</p> <p>11:05 Yoga with Mary (MP)</p> <p>2:00 Movie Matinee: Amelie (T)</p> 
<p>12 9:00 Live Mass From Basilica</p> <p>11:00 Salvation Army Service</p> <p>3:00 Wesley United Service</p> 	<p>13 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>1:00 120's/Bridge (DR)</p> <p>2:00 Music with Brian Finn (MP)</p>  <p>6:15 Rosary (Chapel)</p>	<p>14 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>2:00 Painting with Cayley (MP)</p> 	<p>15 10:00 Fitness with Cayley (MP)</p> <p>10:45 Mini Manicures (MP)</p> <p>1:00 120's/Bridge (MP)</p> <p>1:30 Wal Mart Bus Outing (L)</p> <p>2:00 NL Trivia (MP)</p> 	<p>16 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>2:00 Happy Hour with Singing Legionaires (MP)</p> 	<p>17 10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>11:15 Word Builder (MP)</p> <p>2:00 \$1 Bingo (MP)</p> 	<p>18 10:30 Yoga with Mary (MP)</p> <p>11:05 Yoga with Mary (MP)</p> <p>2:00 Movie Matinee: Love Rosie (T)</p> 
<p>19 9:00 Live Mass From Basilica</p> <p>11:00 Salvation Army Service</p> <p>2:00 Tea &amp; Treats (Bistro)</p> <p>3:00 Wesley United Service</p> 	<p>20 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>1:00 120's/Bridge (MP)</p> <p>2:00 Painting with Cayley (MP)</p>  <p>6:15 Rosary (Chapel)</p>	<p>21 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>1:00 Walmart Bus Outing</p> <p>2:00 Music with Music with Friends (MP)</p> 	<p>22 10:00 Fitness with Cayley (MP)</p> <p>10:45 Mini Manicures (MP)</p> <p>1:00 120's/Bridge (MP)</p> <p>1:00 Bus Outing to Lieutenant Government Garden Party (L)</p> <p>2:00 Fire Safety Training (T)</p> <p>2:00 Gardening in the Gazebo (L)</p> 	<p>23 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>2:00 Beach Themed Happy Hour with The Roses (MP)</p>  <p>6:00 Dog Therapy</p>	<p>24 10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>11:15 Word Builder (MP)</p> <p>2:00 \$1 Bingo (MP)</p> 	<p>10:30 Yoga with Mary (MP)</p> <p>11:05 Yoga with Mary (MP)</p> <p>2:00 Movie Matinee: Living with Leopards (T)</p> 
<p>26 9:00 Live Mass From Basilica</p> <p>11:00 Salvation Army Service</p> <p>3:00 Wesley United Service</p> 	<p>27 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>1:00 120's/Bridge (DR)</p> <p>2:00 Music with Lloyd Forsey (MP)</p>  <p>6:15 Rosary (Chapel)</p>	<p>28 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>2:00 Music with Youth Sunshine Singers (MP)</p> 	<p>29 10:00 Fitness with Zach (MP)</p> <p>1:00 120's/Bridge (DR)</p> <p>2:00 \$1 Bingo (MP)</p>  <p>7:00 Music with George Bishop (MP)</p>	<p>30 9:30 Wellness Walk (L)</p> <p>10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>2:00 Karaoke (T)</p>  <p>7:00 Music at Kenny's Pond (Meet in Lobby)</p>	<p>31 10:00 Yoga with Mary (MP)</p> <p>10:30 Yoga with Mary (MP)</p> <p>2:00 Music Request Hour (MP)</p> 	<p>Resident &amp; Family Day Car Show &amp; BBQ</p> <p>Tiffany Village August 1st 12:00 - 3:00pm</p> <p>Live Entertainment</p> 



**Every Night is  
Movie Night  
at 7:00pm**



**Locations:**  
Multi-Purpose Room (MP)  
Main Dining Room (DR)  
Theatre (T)  
2nd Floor Chapel (Chapel)  
Lobby (L)

**Contact:**  
**Recreation Coordinator**  
Assisted & Independent Living  
T: (709) 722-7999  
E: [tvkprecreation@tiffanyvillage.com](mailto:tvkprecreation@tiffanyvillage.com)  
[www.tvkp.ca](http://www.tvkp.ca)

Please Sign-Up for Outings  
at the Concierge Desk to  
reserve your seat.  
Please review Program  
Notices  
as Daily Activity programs  
are Subject to Change.