

# Tiffany Village Recreation & Social Wellness Calendar - Assisted Living

July 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> <b>CANADA DAY</b> 1:00 120's/Bridge (MP) 2:00 Movie Matinee: Trail of the Caribou (T) 3:00 Matinee Movie: Turning Points of History: NL at the Somme (T)	<b>2</b> 9:30 Wellness Walk (L) 10:30 Hair & Nails (4FL) 2:00 Christmas Happy Hour with Stan Butler (MP) (dress for Christmas) 	<b>3</b> 10:00 Wellness Walk (L) 10:30 Hair & Nails (8FL) 11:15 Word Builder (MP) 2:00 \$1 Charity Tim Horton's Bingo (MP) 	<b>4</b> 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: The Last Song (T) 
<b>5</b> 9:00 Live Mass From Basilica 11:00 Salvation Army Service 2:00 Anglican Service with Rev. Lockyer (Chapel) 3:00 Wesley United Service 	<b>6</b> 9:30 Wellness Walk (L) 10:30 Balloon Tennis (4FL) 11:15 Music with Tuckamore Festival (MP) 1:30 Men's Club at Kenny's (L) 2:00 Scenic Bus Drive (L) 6:15 Rosary (Chapel)	<b>7</b> 9:30 Wellness Walk (L) 10:30 Balloon Tennis (8FL) 2:00 Sing-Along with Elaine Stamp (L) 	<b>8</b> 10:00 Fitness with Cayley (MP) 10:45 Mini Manicures (MP) 12:00 Bus Outing to Party in the Park (Meet in Lobby) 1:00 120's/Bridge (MP) 1:00 Catholic Mass (Chapel) 2:00 Floor Curling (MP)	<b>9</b> 9:30 Wellness Walk (L) 10:30 Hair & Nails (4FL) 2:00 Happy Hour with Craig Ryan (MP) 	<b>10</b> 10:00 Wellness Walk (L) 10:30 Hair & Nails (8FL) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP) 	<b>11</b> 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: Amelie (T) 
<b>12</b> 9:00 Live Mass From Basilica 11:00 Salvation Army Service 3:00 Wesley United Service 	<b>13</b> 9:30 Wellness Walk (L) 10:30 Art Activity (4FL) 1:00 120's/Bridge (DR) 2:00 Music with Brian Finn (MP)  6:15 Rosary (Chapel)	<b>14</b> 9:30 Wellness Walk (L) 10:30 Art Activity (8FL) 2:00 Painting with Cayley (MP) 	<b>15</b> 10:00 Fitness with Cayley (MP) 10:45 Mini Manicures (MP) 1:00 120's/Bridge (MP) 1:30 Wal Mart Bus Outing (L) 2:00 NL Trivia (MP) 	<b>16</b> 9:30 Wellness Walk (L) 10:30 Hair & Nails (4FL) 2:00 Happy Hour with Singing Legionaires (MP) 	<b>17</b> 10:00 Wellness Walk (L) 10:30 Hair & Nails (8FL) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP) 	<b>18</b> 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: Love Rosie (T) 
<b>19</b> 9:00 Live Mass From Basilica 11:00 Salvation Army Service 2:00 Tea & Treats (Bistro) 3:00 Wesley United Service 	<b>20</b> 9:30 Wellness Walk (L) 10:30 Bingo (4FL) 1:00 120's/Bridge (MP) 2:00 Painting with Cayley (MP)  6:15 Rosary (Chapel)	<b>21</b> 9:30 Wellness Walk (L) 10:30 Bingo (8FL) 1:00 Walmart Bus Outing 2:00 Music with Music with Friends (MP) 	<b>22</b> 10:00 Fitness with Cayley (MP) 10:45 Mini Manicures (MP) 1:00 120's/Bridge (MP) 1:00 Bus Outing to Lieutenant Government Garden Party (L) 2:00 Fire Safety Training (T) 2:00 Gardening in the Gazebo (L) 	<b>23</b> 9:30 Wellness Walk (L) 10:30 Hair & Nails (4FL) 2:00 Beach Themed Happy Hour with The Roses (MP) 	<b>24</b> 10:00 Wellness Walk (L) 10:30 Hair & Nails (8FL) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP) 	10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: Living with Leopards (T) 
<b>26</b> 9:00 Live Mass From Basilica 11:00 Salvation Army Service 3:00 Wesley United Service 	<b>27</b> 9:30 Wellness Walk (L) 10:30 Group Games (4FL) 1:00 120's/Bridge (DR) 2:00 Music with Lloyd Forsey (MP)  6:15 Rosary (Chapel)	<b>28</b> 9:30 Wellness Walk (L) 10:30 Group Games (8FL) 2:00 Music with Youth Sunshine Singers (MP) 	<b>29</b> 10:00 Fitness with Zach (MP) 1:00 120's/Bridge (DR) 2:00 \$1 Bingo (MP)  7:00 Music with George Bishop (MP)	<b>30</b> 9:30 Wellness Walk (L) 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Karaoke (T)  7:00 Music at Kenny's Pond (Meet in Lobby)	<b>31</b> 9:30 Wellness Walk (L) 10:00 Hair & Nails (4FL) 10:30 Hair & Nails (8FL) 2:00 Music Request Hour (MP) 	Resident & Family Day Car Show & BBQ Tiffany Village August 1st 12:00 - 3:00pm Live Entertainment 



**Every Night is  
Movie Night  
at 7:00pm**



**Locations:**  
 Multi-Purpose Room (MP)  
 Main Dining Room (DR)  
 Theatre (T)  
 2nd Floor Chapel (Chapel)  
 Lobby (L)

**Contact:**  
**Recreation Coordinator**  
 Assisted & Independent Living  
 T: (709) 722-7999  
 E: [tvkprecreation@tiffanyvillage.com](mailto:tvkprecreation@tiffanyvillage.com)  
[www.tvkp.ca](http://www.tvkp.ca)

Please Sign-Up for Outings  
 at the Concierge Desk to  
 reserve your seat.  
 Please review Program  
 Notices  
 as Daily Activity programs  
 are Subject to Change.