

































# Tiffany Village Recreation & Social Wellness Calendar - Independant Living

April 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1 10:00 Fitness with Cayley (MP) 10:45 Mini Manicures (MP) 1:00 120's/Bridge (MP) 2:00 \$1 Bingo (MP) 3:00 Hymn Sing-Along with Rev. Thorne (Chapel)</p> 	<p>2 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Easter Party with Stan Butler (DR)</p>  <p>6:00 Dog Therapy</p>	<p>3 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Movie Matinee: Risen (T)</p> 	<p>4 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: A Dog's Way Home (T)</p> 
<p>5 9:00 Live Mass From Basilica 11:00 Salvation Army Service 3:00 Wesley United Service</p> 	<p>6 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 120's/Bridge (MP) 2:00 Easter Tea with Best Effort (DR)</p>  <p>6:15 Rosary (Chapel)</p>	<p>7 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 Wal Mart Bus Outing 2:00 Sing-Along with Elaine Stamp (DR)</p>  <p>2:00 Resident Orientation (T)</p>	<p>8 10:00 Fitness with Cayley (MP) 10:45 Mini Manicures (MP) 1:00 120's/Bridge (MP) 1:00 Catholic Mass with Father Sullivan 2:00 \$1 Bingo (MP)</p> 	<p>9 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Happy Hour with Lloyd Forsey (DR)</p> 	<p>10 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 Spring Fair</p> 	<p>11 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: The Boy Who Harnessed the Wind (T)</p> 
<p>12 9:00 Live Mass From Basilica 11:00 Salvation Army Service 3:00 Wesley United Service</p> 	<p>13 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 120's/Bridge (MP) 2:00 The Sealing Disaster History by Sean Cadigan (T) 7:00 Music with Brian Finn (DR) 6:15 Rosary (Chapel)</p>	<p>14 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 Winners Bus Outing 2:00 NL Trivia (MP)</p> 	<p>15 10:00 Fitness with Cayley (MP) 10:45 Mini Manicures (MP) 1:00 120's/Bridge (MP) 2:00 Seated Dance Class with Cayley (MP)</p> 	<p>16 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Happy Hour with Music with Friends (DR)</p>  <p>6:00 Dog Therapy</p>	<p>17 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP)</p> 	<p>18 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: Mixtape (T)</p> 
<p>19 9:00 Live Mass From Basilica 11:00 Salvation Army Service 2:00 Tea &amp; Treats (Bistro) 3:00 Wesley United Service</p> 	<p>20 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 120's/Bridge (MP) 2:00 Healthy Living Presentation with John Weber (T)</p>  <p>6:15 Rosary (Chapel)</p>	<p>21 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Curling (MP) 7:00 Music with The Buttonaires (DR)</p> 	<p>22 10:00 Fitness with Cayley (MP) 10:45 Mini Manicures (MP) 1:00 120's/Bridge (MP) 2:00 Spring Craft (MP)</p> 	<p>23 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Happy Hour with The Roses (DR)</p> 	<p>24 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP)</p> 	<p>25 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: Train Dreams (T)</p> 
<p>26 9:00 Live Mass From Basilica 11:00 Salvation Army Service 3:00 Wesley United Service</p> 	<p>27 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 120's/Bridge (MP) 2:00 Legends &amp; Myths of NL with Daniel Peretti (DR)</p>  <p>6:15 Rosary (Chapel)</p>	<p>28 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 Scenic Bus Drive 2:00 Curling (MP)</p> 	<p>29 10:00 Fitness with Cayley (MP) 10:45 Mini Manicures (MP) 1:00 120's/Bridge (MP) 2:00 Painting with Cayley (MP)</p> 	<p>30 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Happy Hour with St. James Guitar Group (DR)</p>  <p>6:00 Dog Therapy</p>		



Every Night is  
Movie Night  
at 7:00pm



Locations:  
Multi-Purpose Room (MP)  
Main Dining Room (DR)  
Theatre (T)  
2nd Floor Chapel (Chapel)  
Lobby (L)  
Games Room (GR)

Contact:  
**Recreation Coordinator**  
Assisted & Independent Living  
T: (709) 722-7999  
E: [tvkprecreation@tiffanyvillage.com](mailto:tvkprecreation@tiffanyvillage.com)  
[www.tvkp.ca](http://www.tvkp.ca)

Please Sign-Up for **Outings** at the **Concierge Desk** to reserve your seat. Please review **Program Notices** as **Daily Activity** programs are **Subject to Change**.