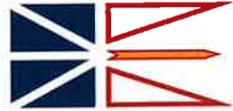
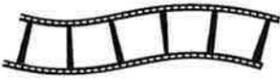
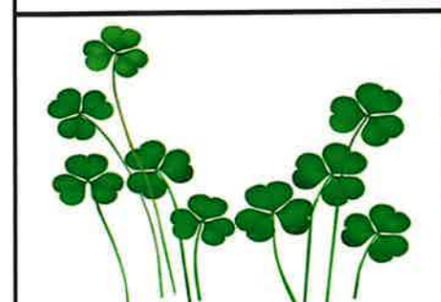


Tiffany Village Recreation & Social Wellness Calendar - Independant Living

March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 9:00 Live Mass From Basilica 11:00 Salvation Army Service 2:00 Anglican Church Service with Rev. Lockyer (Chapel) 3:00 Wesley United Service</p>	<p>2 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 120's/Bridge (MP) 2:00 Entertainment with Memory Lane Choir (DR) 6:15 Rosary (Chapel)</p>	<p>3 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 Wal-Mart Bus Outing (Meet in Lobby) 2:00 Resident Monthly Orientation (T) 2:00 Curling (MP)</p>	<p>4 10:00 Fitness with Cayley (MP) 10:45 Mini Manicures (MP) 1:00 120's/Bridge (DR) 1:00 Resident & Family Council Meeting (MP) 3:00 Hymn Sing Along with Rev. Karen Thorne (Chapel)</p>	<p>5 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Happy Hour with Stan Butler (DR) 6:00 Dog Therapy</p>	<p>6 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP)</p>	<p>7 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: Accepted</p>
<p>8 9:00 Live Mass From Basilica 11:00 Salvation Army Service 3:00 Wesley United Service</p> 	<p>9 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 120's/Bridge (MP) 2:00 St. Patrick's Day Craft (MP) 6:15 Rosary (Chapel) 7:00 Entertainment with Lloyd Forsey (DR)</p> 	<p>10 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 NL Trivia (MP)</p> 	<p>11 10:00 Fitness with Cayley (MP) 10:45 Mini Manicures (MP) 1:00 Catholic Mass with Father Sullivan (Chapel) 1:00 120's/Bridge (MP) 2:00 Big Fun Games (MP)</p>	<p>12 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Happy Hour with Tony Denney (DR) 6:00 Dog Therapy</p> 	<p>13 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP)</p> 	<p>14 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: I Wanna Dance with Somebody</p> 
<p>15 9:00 Live Mass From Basilica 11:00 Salvation Army Service 2:00 Tea & Treats in the Bistro 3:00 Wesley United Service</p> 	<p>16 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 120's/Bridge (MP) 2:00 Karaoke (MP) 6:15 Rosary (Chapel)</p> 	<p>17 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Curling (MP) 7:00 St. Patrick's Day Party with The Harbour Boys (DR)</p> 	<p>18 Fitness with Cayley (MP) 10:45 Mini Manicures (MP) 1:00 120's/Bridge (MP) 1:00 Fire Safety (T) 2:00 Curling (MP)</p> 	<p>19 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Happy Hour with Brian Finn (DR) 6:00 Dog Therapy</p> 	<p>20 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP)</p> 	<p>21 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: He's Just Not Into You</p> 
<p>22 9:00 Live Mass From Basilica 11:00 Salvation Army Service 3:00 Wesley United Service</p> 	<p>23 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 120's/Bridge (MP) 1:00 Scenic Bus Tour (Meet in Lobby) 6:15 Rosary (Chapel) 7:00 Entertainment with Music with Friends (DR)</p>	<p>24 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:00 Swiss Chalet Outing (Meet in Lobby) 2:00 Sing Along with Elaine Stamp (DR) 6:00 Visit From Marconi District Girl Guides (MP)</p> 	<p>25 10:00 Fitness with Cayley (MP) 10:45 Mini Manicures (MP) 1:00 120's/Bridge (MP) 2:00 -4:45 Massage Afternoon with Academy Canada Only 24 Slots Available Sign up at Concierge (MP)</p>	<p>26 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Happy Hour with The Roses (DR)</p> 	<p>27 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP)</p> 	<p>28 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: Love Again</p> 
<p>29 9:00 Live Mass From Basilica 11:00 Salvation Army Service 3:00 Wesley United Service</p> 	<p>30 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:00 120's/Bridge (MP) 2:00 Painting with Cayley (MP) 6:15 Rosary (Chapel)</p> 	<p>31 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Ladies Tea (D) 7:00 Employee Awards Gala</p> 				



Every Night is Movie Night at 7:00pm



Locations:
Multi-Purpose Room (MP)
Main Dining Room (DR)
Theatre (T)
2nd Floor Chapel (Chapel)
Lobby (L)
Games Room (GR)

Contact:
Recreation Coordinator
Assisted & Independent Living
T: (709) 722-7999
E: tvkprecreation@tiffanyvillage.com
www.tvkp.ca

Please Sign-Up for Outings at the Concierge Desk to reserve your seat. Please review Program Notices as Daily Activity programs are Subject to Change.