SUNDAY	MONDAY	ellness Calendar - TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
"November is the month to remine us to be thankful for the many positive things happening in our life."			REMEMBRANCE DAY			1 10:30 To Catch a Smuggler Episode 1 1:30 Dog Therapy (T) 2:30 Knits & Knots (6FL) 3:00 Musical Concert (T): Buddy Holly and the Crickets
2 11:00 Wesley United Church (T) 3:30 Anglican Church (T) 6:45 Roman Catholic Church Service (T)	3 11:15 Yoga with Mary (6FL) 2:00 The Louvre - Virtual Tour (T) 7:00 Musical Entertainment with Kevin Hoddinott (6FL)	4 10:00 Reading Club (2FL) 11:00 Fitness with Tyler (6FL) 1:30 Scenic Bus Drive (Meet in Lobby) 1:30 Bean Bag Toss & Horseshoes (2FL) 3:00 Music and Memories (T)	5 10:00 Move and Groove (2FL) 11:00 Yoga with Mary (6FL) 2:00 Curling (6FL) 3:30 Music with CPS NL Gospel Choir (6FL)	6 10:00 Friendly Visits 11:00 Fitness with Tyler (6FL) 2:00 \$2 Bingo (6FL) 3:30 Mini Manicures (6FL)	7 10:00 Balloon Tennis (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Happy Hour with Stan Butler (DR)	8 10:30 To Catch a Smuggled Episode 2 1:30 Dog Therapy (T) 2:30 Knits & Knots (6FL) 3:00 Musical Concert (T): Elvis Presley - Aloha from Hawaii
11:00 Wesley United Church (T) 3:30 Anglican Church (T) 6:45 Roman Catholic Church Service (T)	10 10:00 Fun & Fitness (2FL) 11:15 Yoga with Mary (6FL) 2:00 Movie Matinee (T): Whispers of the Heart 2:00 Men's Club (PD) 2:00 Singing Legionnaires (6FL)	11 10:30 Remembrance Day Program (6FL) REMEMBRANCE DAY NOVEMBER 11	12 10:00 Move and Groove (2FL) 11:00 Yoga with Mary (6FL) 1:30 Curling (2FL) 2:30 Catholic Mass (6FL) with Father Sullivan 3:30 Mini Manicures (6FL)	13 10:00 Friendly Visits 11:00 Fitness with Tyler (6FL) 1:00 NSO Pianist Performance by Ethan Wang (6FL) 3:00 \$2 Bingo (6FL)	14 10:00 Sing-Along (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Happy Hour with Rick Kelly (DR)	15 10:30 To Catch a Smuggle Episode 3 1:30 Dog Therapy (T) 2:30 Knits & Knots (6FL) 3:00 Musical Concert (T) Bob Dylan
5 11:00 Wesley United Church (T) 3:30 Anglican Church (T) 6:45 Roman Catholic Church Service (T)	17 11:15 Yoga with Mary (6FL) 2:00 Fall Fair and Bake Sale (6FL) 7:00 Musical Entertainment with Pat Burke (6FL)	18 10:00 Reading Club (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Anglican Church Service with Rev. Keeping (6FL)	19 10:00 Little Lions Group (2FL) 11:00 Yoga with Mary (6FL) 1:30 November Trivia (6FL) 3:00 Hymn Sing Led by Rev. James (6FL)	20 10:00 Friendly Visits 11:00 Fitness with Tyler (6FL) 2:00 \$2 Bingo (6FL) 3:30 Mini Manicures (6FL)	21 10:00 Roll & Recall (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Happy Hour with Music with Friends (DR)	22 10:30 To Catch a Smuggle Episode 4 1:30 Dog Therapy (T) 2:30 Knits & Knots (6FL) 3:00 Musical Concert (T Ricky Nelson
3 11:00 Wesley United Church (T) 3:30 Anglican Church (T) 6:45 Roman Catholic Church Service (T)	24 11:15 Yoga with Mary (6FL) 2:00 Singing Legionnaires (6FL) 2:00 Music of Your Life Show at Tiffany Village 7:00 Musical Entertainment with The Harbour Boys (6FL)	25 10:00 Reading Club (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Sing-Along with Elaine Stamp (6FL)	26 10:00 Move and Groove (2FL) 11:00 Yoga with Mary (6FL) 1:30 Scenic Bus Ride (Meet in Lobby) 2:00 Wordle (2FL) 2:30 Prayer Service with Divine Mercy (T)	27 10:00 Friendly Visits 11:00 Fitness with Tyler (6FL) 2:00 \$2 Bingo (6FL) 3:30 Mini Manicures (6FL)	28 10:00 Sing-Along (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Birthday Happy Hour with The Roses (DR)	29 10:30 To Catch a Smuggle Episode 5 1:30 Dog Therapy (T) 2:30 Knits & Knots (6FL) 3:00 Musical Concert (T Neil Diamond
3:30 Anglican Church (T) 6:45 Roman Catholic Church Service (T)	Movie Night is Every Night At 7pm!	Contact: Recreation Coordinator Assisted & Independent Living T: (709) 738-1611 E: tvkprecreation@tiffanyvillage.com www.tvkp.ca		Please Sign-Up for Outings at the Concierge Desk to reserve your seat. Please review Program Notices as Daily Activity programs are Subject to Change.	Locations: Main Café (MC) Theatre (T) 2nd Floor Lounge (2FL) Private Dining Room (PD)	6th Floor Lounge (6FL) Games Room (GR) Multipurpose Room (MP Dining Room (DR)