Kenny's Pond Red	creation & Social V	Vellness Calendar	- Assisted Living			September 2025
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 11:00 Yoga with Mary (6FL) 2:00 Movie: Forest Gump (T)  LABOUR DAY  CANADA	2 9:30 Friendly Visits 10:00 Sing-Along Golden Oldies (2FL) 11:00 Art Therapy (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Anglican Church Service with Rev. Keeping (6FL)	3 9:30 Friendly Visits 10:00 Sing-Along (2FL) 11:00 Hairstyling (2FL) 11:00 Yoga with Mary (6FL) 2:00 Musical Entertainment with Music & Friends (MC)	4 9:30 Friendly Visits 11:00 Fitness with Tyler (6FL) 2:00 \$2 Bingo (MC)  3:30 Mini Manicures (MC)	5 9:30 Friendly Visits 10:00 Laundry & Laughter (2FL) 11:00 Flower Arranging (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Happy Hour with Stan Butler (MC)	6 10:00 Puzzle Time (MP)  1:30 Dog Therapy (MC)  2:30 Knits & Knots (6FL)  3:00 Musical Concert (T):  7:00 Music & Mingle (MC)  (Stereo Music)
7 11:00 Wesley United Church(T) 3:30 Anglican Church (T) 6:45 Roman Catholic Church Service (T)	8 9:30 Friendly Visits 10:00 Music & Manicures (2FL) 11:00 Yoga with Mary (6FL) 2:00 Coffee Break Alzheimer's Society (MC)	9 9:30 Friendly Visits 10:00 Sing-Along NL Music (2FL) 11:00 Short Stories (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Sing-Along with Elaine Stamp (6FL)	10 9:30 Friendly Visits 10:00 Flower Arranging (2FL) 10:30 Laundry & Laughter (2FL) 11:00 Yoga with Mary (6FL) 2:30 Catholic Mass with Father Sullivan (6FL)	11 9:30 Friendly Visits 11:00 Fitness with Tyler (6FL) 2:00 \$2 Bingo (MC)  3:30 Mini Manicures (MC)	12 9:30 Friendly Visits 10:00 Crafts (2FL) 11:00 Hairstyling (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Happy Hour with Kevin Hoddinott (MC)	13 10:00 Puzzle Time (MP) 1:30 Dog Therapy (MC) 2:30 Knits & Knots (6FL) 3:00 Musical Concert (T): 7:00 Music & Mingle (MC) (Stereo Music)
14 11:00 Wesley United Church(T) 3:30 Anglican Church (T) 6:45 Roman Catholic Church Service (T)	15 9:30 Friendly Visits 10:00 Movement to Music (2FL) 11:00 Yoga with Mary (6FL) 2:00 Alzheimer's Society Presentation (T)	16 9:30 Friendly Visits 10:00 Sing-Along Hymn Music (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Fire Safety Session (T) 3:00 Karaoke with Janice (T) 7:00 Musical Entertainment	17 9:30 Friendly Visits 10:00 Little Lions Group (2FL) 11:00 Yoga with Mary (6FL) 2:00 Terry Fox Walk (Meet in Lobby) 3:00 Hymn Sing Led by Rev. James (6FL)	18 9:30 Friendly Visits 11:00 Fitness with Tyler (6FL) 2:00 \$2 Bingo (MC)  3:30 Mini Manicures (MC)	19 9:30 Friendly Visits 10:00 Crafts (2FL) 11:00 Laundry & Laughter (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Happy Hour with Reflection (MC)	20 10:00 Puzzle Time (MP)  1:30 Dog Therapy (MC)  2:30 Knits & Knots (6FL)  3:00 Musical Concert (T):  7:00 Music & Mingle (MC)  (Stereo Music)
21 11:00 Wesley United Church(T) 3:30 Anglican Church (T) 6:45 Roman Catholic Church Service (T)	22 9:30 Friendly Visits 10:00 Short Stories (2FL) 11:00 Yoga with Mary (6FL) 2:00 Curling (MC)	with Pat Burke (MC)  23 9:30 Friendly Visits 11:00 Fitness with Tyler (6FL) 1:30 Admirals Museum Outing 2:00 Cooking with Chef (MP) 3:30 Music & Memories (T) 7:00 Musical Entertainment with Lloyd Forsey (MC)	24 9:30 Friendly Visits 10:00 Crafts (2FL) 11:00 Yoga with Mary (6FL) 2:30 Prayer Service (T) with Divine Mercy	25 9:30 Friendly Visits 11:00 Fitness with Tyler (6FL) 2:00 \$2 Bingo (MC)  3:30 Mini Manicures (MC)	26 9:30 Friendly Visits 10:00 Crafts (2FL) 11:00 Sing Along (2FL) 11:00 Fitness with Tyler (6FL) 2:00 Birthday Happy Hour with The Roses (MC)	27 10:00 Puzzle Time (MP) 1:30 Dog Therapy (MC) 2:30 Knits & Knots (6FL) 3:00 Musical Concert (T): 7:00 Music & Mingle (MC) (Stereo Music)
28 11:00 Wesley United Church (T) 3:30 Anglican Church (T) 6:45 Roman Catholic Church Service (T)	29 9:30 Friendly Visits 10:00 Tea Party (2FL) 11:00 Yoga with Mary (6FL) 2:00 Remembrance Craft (MC) Truth and Reconciliation 2:00 Scenic Bus Tour (Meet in Lobby)	2:00 Movie: Secret Nation (T)				
Every Night is Movie Night at 7:00pm In the Theatre		Continue Recreation ( Recreation ( Assisted & Index T: (709) 7 E: tvkprecreation@	Coordinator ependent Living 738-1611 Otiffanyvillage.com	Please Sign-Up for <b>Outings</b> at the <b>Concierge Desk</b> to reserve your seat. Please review <b>Program</b> Notices as <b>Daily Activity</b> programs	Locations:  Main Café (MC) 6th Floor Lounge (6FL) Theatre (T)	Games Room (GR) 2nd Floor Lounge (2FL) Multipurpose Room (MP)