

Tiffany Village Recreation & Social Wellness Calendar - Independent Living

July 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<div>1</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) <u>Movie Matinees: (T)</u> 1:30 Trail of the Caribou 3:00 Turning Points of History: "Newfoundland at the Somme"</div>	<div>2</div> <div>10:00 Fitness with Luke (MP) 10:45 Mini Manicures (MP) 1:30 120's/Bridge (GR) 3:00 Hymn Sing Along with Rev. Rebecca Pike (Chapel)</div>	<div>3</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Wellness Walk (L) 2:00 Happy Hour with Stan Butler (MP)</div>	<div>4</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP) "Canada Day Theme Wear Red and White" 3:30 Jeopardy (T)</div>	<div>5</div> <div>10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: Newfoundland Symphony Orchestra "Recital 4"</div>
<div>6</div> <div>9:00 Live Mass from Basilica 11:00 Salvation Army Service 2:00 Anglican Church Service with Rev.Lockyear (Chapel) 3:30 Wesley United Service</div>	<div>7</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Wellness Walk (L) 2:00 Musical Entertainment with Richard Kelly (DR) 3:30 120's/Bridge (GR)</div>	<div>8</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Wellness Walk (L) 2:00 Sing Along with Elaine Stamp (DR) 2:00 Resident Monthly Orientation (T)</div>	<div>9</div> <div>10:00 Fitness with Luke (MP) 10:45 Mini Manicures (MP) 1:00 Roman Catholic Service with Father Sullivan (Chapel) 2:00 Short Stories & Poems (MP) 3:30 120's/Bridge (GR)</div>	<div>10</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Wellness Walk (L) 2:00 Happy Hour with Music with Friends (DR) 6:00 Dog Therapy</div>	<div>11</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP) 3:30 Music and Memories (T)</div>	<div>12</div> <div>10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: "Guys And Dolls "</div>
<div>13</div> <div>9:00 Live Mass from Basilica 11:00 Salvation Army Service 3:30 Wesley United Service</div>	<div>14</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Wellness Walk (L) 2:00 Musical Entertainment with George Bishop (DR) 3:30 120's/Bridge (GR)</div>	<div>15</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Wellness Walk (L) 2:00 Walmart Outing 2:00 Fire Safety Presentation with David Pye (T)</div>	<div>16</div> <div>10:00 Fitness with Luke (MP) 10:45 Mini Manicures (MP) 12:30 Bowring Park Outing <i>Event by City of St.Johns</i> 1:30 120's/Bridge (GR) 2:00 Floor Curling (MP)</div>	<div>17</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Wellness Walk (L) 2:00 Pride Happy Hour with Terry Dalton (DR)</div>	<div>18</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 \$1 Pride Bingo (MP) "Wear Any Colour" 3:30 Charades (MP)</div>	<div>19</div> <div>10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: "Grand Ole Opry at Carnegie Hall"</div>
<div>20</div> <div>9:00 Live Mass from Basilica 11:00 Salvation Army Service 2:00 Tea and Treats (Bistro) 3:30 Wesley United Service</div>	<div>21</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Wellness Walk (L) 2:00 Musical Entertainment with Guy Penney (DR) 3:30 120's/Bridge (GR)</div>	<div>22</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Wellness Walk (L) 2:00 Scenic Bus Drive</div>	<div>23</div> <div>10:00 Fitness with Luke (MP) 10:45 Mini Manicures (MP) 2:00 Men's Club with Kenny's Pond (MP) 2:00 Movie Matinee: "Wonka" 3:30 120's/Bridge (GR)</div>	<div>24</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Wellness Walk (L) 2:00 Christmas in July Happy Hour with Patrick Burke (DR) 6:00 Dog Therapy</div>	<div>25</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP) 3:30 Family Feud (T)</div>	<div>26</div> <div>10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee: The Beverly Hillbillies</div>
<div>27</div> <div>9:00 Live Mass from Basilica 11:00 Salvation Army Service 3:30 Wesley United Service</div>	<div>28</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Wellness Walk (L) 1:30 120's/Bridge (GR) 1:30 Ice Cream Outing 2:00 Dance Like No Ones Watching (MP)</div>	<div>29</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) Summer Social 1:30 Music with Craig Ryan 3:00 Sunshine Singers Visit 7:00 Music with Cod's & Country</div>	<div>30</div> <div>8:00 Regatta Livestream (Theatre) </div>	<div>31</div> <div>10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Wellness Walk (L) 2:00 Birthday Happy Hour with The Roses (DR)</div>		
<div>Every Night is Movie Night at 7:00pm</div> 		<div>Contact: Recreation Coordinator Assisted & Independant Living T: (709) 722-7999 E: tvkprecreation@tiffanyvillage.com</div>		<div>Please Sign-Up for Outings at the Concierge Desk to reserve your seat. Please review Program Notices as Daily Activity programs are Subject to Change.</div>	 <div>Multi-Purpose Room (MP) Dining Room (DR) Theatre (T) 2nd Floor Chapel (Chapel) Lobby (L)</div>	