










SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>1 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee (T): Love Actually</p>
<p>2 9:00 Live Mass from Basilica 11:00 Salvation Army Service 3:30 Wesley United Service</p> 	<p>3 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:30 120's/Bridge (DR) 1:30 Mother Goose Program (MP) 2:00 Family Feud (T) 6:15 Rosary (9FL)</p>	<p>4 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Information Session with TechKNOWTutors "Internet Safety & Password Security" (T)</p>	<p>5 10:00 Fitness with Luke (MP) 10:45 Mini Manicures (MP) 1:30 120's/Bridge (DR) 3:00 Hymn Sing with Rev. Rebecca Pike (Chapel)</p>	<p>6 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Happy Hour with Brian Finn (DR) (\$3 Alcoholic Drinks) 6:00 Dog Therapy</p>	<p>7 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP) "Valentines Day Theme Come Dressed in Red and Pink"</p>	<p>8 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee (T): A Wrinkle In Time</p>
<p>9 9:00 Live Mass from Basilica 11:00 Salvation Army Service 3:30 Wesley United Service</p> 	<p>10 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:30 120's/Bridge (DR) 1:30 Mother Goose Program (MP) 2:00 Scenic Bus Drive 6:15 Rosary (9FL)</p>	<p>11 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Shakespeare at Tiffany: "A Reading of Romeo & Juliet" (MP)</p> 	<p>12 10:00 Fitness with Luke (MP) 10:45 Mini Manicures (MP) 1:00 Roman Catholic Service with Father Sullivan (2nd floor Chapel) 1:30 120's/Bridge (DR) 2:00 Valentines Cards Craft "For MQoP Students" (MP)</p>	<p>13 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Musical Entertainment with Apple/Cinnamon (DR)</p>	<p>14 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 10:30 Exchange Valentines with MQoP Students (B) 2:00 Valentines Happy Hour with Richard Kelly (DR) (\$3 Alcoholic Drinks)</p> 	<p>15 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee (T): Extremely Loud & Incredibly Close</p>
<p>16 9:00 Live Mass from Basilica 11:00 Salvation Army Service 2:00 Tea and Treats (B) 3:30 Wesley United Service</p> 	<p>17 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:30 120's/Bridge (DR) 1:30 Mother Goose Program (MP) 2:00 Fire Safety Presentation with David Pye (T) 6:15 Rosary (9FL)</p>	<p>18 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:30 Avalon Activity Centre Outing 2:00 Sing Along with Elaine Stamp (DR) 3:30 Crib Games (MP)</p>	<p>19 10:00 Fitness with Luke (MP) 10:45 Mini Manicures (MP) 1:30 120's/Bridge (DR) 2:00 Cooking with Chef Duane (MP)</p>	<p>20 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Happy Hour with Music with Friends (DR) (\$3 Alcoholic Drinks) 6:00 Dog Therapy</p>	<p>21 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 \$1 Bingo (MP) "Winter Theme Come Dressed in Blue and White"</p>	<p>22 10:30 Yoga with Mary (MP) 11:05 Yoga with Mary (MP) 2:00 Movie Matinee (T): March Of the Penguins</p>
<p>23 9:00 Live Mass from Basilica 11:00 Salvation Army Service 3:30 Wesley United Service</p> 	<p>24 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 1:30 120's/Bridge (DR) 1:30 Mother Goose Program (MP) 2:00 Walmart Outing 2:00 Trivia (T) 6:15 Rosary (9FL)</p>	<p>25 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Mens Club with Kennys Pond (MP) 2:00 Movie Matinee: The Carol Burnett Show (T)</p>	<p>26 10:00 Fitness with Luke (MP) 10:45 Mini Manicures (MP) 2:00 Musical Entertainment with Selina Boland (DR) 3:30 120's/Bridge (MP)</p> 	<p>27 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 2:00 Birthday Party with The Roses (DR) (\$3 Alcoholic Drinks)</p>	<p>28 9:30 Music Session Outing to Magic Storm Events 10:00 Yoga with Mary (MP) 10:30 Yoga with Mary (MP) 11:15 Word Builder (MP) 2:00 Musical Entertainment with Guy Penney (DR)</p>	

**Every Night is
Movie Night
at 7:00pm**



Locations:
Multi-Purpose Room (MP)
Main Dining Room (DR)
Theatre (T)
9th Floor Lounge (9FL)

Rec Therapists
put the "RT" in
HEART

Contact:
Recreation Coordinator
Assisted & Independant Living
T: (709) 722-7999
E: tvkprecreation@tiffanyvillage.com
www.ilovewhereilive.ca

Please Sign-Up for Outings
at the **Concierge Desk** to
reserve your seat.
Please review **Program
Notices**
as **Daily Activity** programs
are **Subject to Change.**