February 2025 Tiffany Village Recreation & Social Wellness Calendar - Assisted Living **WEDNESDAY THURSDAY FRIDAY SATURDAY TUESDAY SUNDAY MONDAY** 1 9:30 Yoga with Mary (4FL) 10:00 Yoga with Mary (8FL) 7 9:30 Wellness Walk (5FL) 8 9:30 Yoga with Mary (4FL) 6 9:30 Friendly Visits (4FL) 5 9:30 Yoga with Mary (2FL) 4 9:30 Friendly Visists(5FL) Live Mass from Basilica 3 9:30 Giant Jenga (4FL) 10:00 Mini Manicures (2FL) 10:00 Yoga with Mary (8FL) 10:00 Art Therapy (2FL) 10:00 Yoga with Mary (5FL) 10:00 Balloon Tennis (8FL) 11:00 Salvation Army Service 10:00 Cornhole (2FL) 10:30 Tea Party (8FL) 10:30 Bingo (4FL) 10:45 Mini Manicures (MP) 10:30 Crafts (2FL) 10:30 Bingo (8FL) 3:30 Wesley United Service 2:00 Information Session 2:00 Happy Hour with with TechKNOWTutors Brian Finn (DR) "Internet Safety & **Password Security"** 15 9:30 Yoga with Mary (4FL) 14 9:30 Balloon Tennis (8FL) 11 9:30 Fitness Class (2FL) 12 9:30 Yoga with Mary (2FL) 13 9:30 Mini Manicures (5FL) 10 9:30 Soap Making (4FL) Live Mass from Basilica 10:00 Yoga with Mary (8FL) 10:00 Cornhole (4FL) 10:00 Tea Party (4FL) 10:00 Friendly Visits (5FL) 10:00 Yoga with Mary (5FL) 10:00 Bowling (2FL) 11:00 Salvation Army Service 10:30 Friendly Visits (5FL) 10:45 Mini Manicures (MP) 10:30 Soap Making (2FL) 10:30 Wellness Walk (8FL) 10:30 Art Therapy (8FL) Wesley United Service 2:00 Valentines Happy Hour 2:00 Musical Entertainment 1:00 Roman Catholic Service with Father Sullivan with Apple/Cinnamon with Richard Kelly (DR) (2nd Floor Chapel) (DR) 20 9:30 Giant Jenga (2FL) 21 9:30 Show and Tell (4FL) 22 9:30 Yoga with Mary (4FL) 19 9:30 Yoga with Mary (2FL) 18 9:30 Mini Manicures (4FL) Live Mass from Basilica 17 9:30 Tea Party (2FL) 16 9:00 10:00 Bowling (8FL) 10:00 Yoga with Mary (8FL) 10:00 Yoga with Mary (5FL) 10:00 Cornhole (8FL) 10:00 Bingo (2FL) 10:00 Bowling (4FL) 11:00 Salvation Army Service 10:45 Mini Manicures (MP) 10:30 Friendly Visits (5FL) 10:30 Balloon Tennis (2FL) 10:30 Art Therapy (8FL) 10:30 Crafts (8FL) 3:30 Wesley United Service 2:00 Sing Along with 2:00 Happy Hour with 2:00 Fire Safety Presentation Music with Friends (DR) Elaine Stamp (DR) with David Pye (T) 28 9:30 Friendly Visits (5FL) 25 9:30 Bowling (8FL) 26 9:30 Yoga with Mary (2FL) 27 9:30 Crafts (2FL) 24 9:30 Cornhole (8FL) Live Mass from Basilica 23 9:00 10:00 Show and Tell (8FL) 10:00 Art Therapy (4FL) 10:00 Fitness Class (4FL) 10:00 Yoga with Mary (5FL) 11:00 Salvation Army Service 10:00 Crafts (2FL) 10:30 Song Guesser (2FL) 10:45 Mini Manicures (MP) 10:30 Mini Manicures (8FL) 10:30 Art Therapy (2FL) **Wesley United Service** 10:30 Soap Making (4FL) 2:00 Musical Entertainmment 2:00 Birthday Party with 2:00 Musical Entertainment with Guy Penney (DR) The Roses (DR) with Selina Boland (DR) Locations: Please Sign-Up for Outings **Every Night is** Contact: Multi-Purpose Room (MP) at the Concierge Desk to **Rec Therapists Recreation Coordinator** reserve your seat. **Movie Night** Main Dining Room (DR) put the "RT" in Assisted & Independent Living Please review Program Theatre (T) HEART T: (709) 722-7999 at 7:00pm **Notices**

E: tvkprecreation@tiffanyvillage.com

www.ilovewhereilive.ca

as Daily Activity programs are Subject to Change.

9th Floor Lounge (9FL)